## JFK Weekly Newsletter

Friday, October 13, 2023. Sara Raabe, JFK Principal

## Latest TikTok Challenge....

Periodically we hear about a new TikTok challenge that our students are trying. When we get this information, we talk to the students/class/grade level trying this new challenge, and we share the information with our families.

The newest challenge involves a person putting a cup or bottle over their lips, inhaling, and pulling the bottle/cup off. This can make the lips swell significantly and can bruise the lips and surrounding area.

At school, we will continue to have conversations about social media and making healthy choices with the students. We encourage our families to have those conversations at home as well as closely monitor your child's online and social media activity.

## Family Morning Meeting

Every classroom will invite families to join their student's class for a Morning Meeting. Some classes have already had their fall family Morning Meeting, some are scheduled, and some are still in the planning stage.

Morning Meeting is a particular and deliberate way that all JFK classes begin their day. All classroom members—grown-ups and students—gather in a circle, greet each other, and listen and respond to each other. Morning Meeting is made up of four parts: greeting, sharing, group activity, and morning message. The components intentionally provide opportunities for students to practice the skills of greeting, listening and responding, group problem-solving, and noticing and anticipating.

If you do not know when your student's family Morning Meeting is, please reach out to their classroom teacher.

## Calendar

Thursday, October 19th & Friday, October 20th

11:00 am Early Release for all students No PK MHS Parent Teacher Conferences

<u>Friday, October 20, 2023</u> Veggie Van Go

<u>Tuesday, October 24, 2023</u> No School (Dussehra)

<u>Friday, November 3, 2023</u> Veggie Van Go

Wednesday, November 15, 2023 All School Morning Meeting

Thursday, November 16 & Friday, November 17, 2023

11:00 am Early Release for all students

No PK

JFK Parent Teacher Conferences

<u>Friday, November 17, 2023</u> Veggie Van Go

Monday, November 20 - Friday, November 24, 2023 No School Thanksgiving Break



